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	Allergies	Allergy Awareness-Urticaria Managing hay fever if you have a lung condition copy What Are the Symptoms of Hay Fever Food Labels - An explanation by the Food Standards Authority Speak Up For Allergies Our food allergy story Kids and milk allergy An overview of food allergy by the UK Food Standards Agency FSA explains New allergen labelling laws Food and allergy alerts				
	Antibiotics	NHS Keep Antibiotics working - <i>Highlighting the dangers of overuse and misuse of antibiotics</i> Antibiotic Resistance - A report from the WHO outlining the dangers of antibiotics overuse				
	Arthritis	We're with you all the way Let's Move Monthly Challenge Stories of strength we are Versus Arthritis The Painful Truth - a campaign to show the reality of chronic pain Arthritis Virtual Assistant COVID-19 Virtual Assistant to support people with arthritis Self Management of Arthritis Pain				
	Blood Pressure	Did You Know 1 in 3 adults in the UK have high blood pressure? - Your pharmacist can check your blood pressure and explain your numbers A pharmacist's role in high blood pressure check				
	Carers	Visible, valued support Dementia Awareness Week - Supporting Carers Christine's Dementia Story – Coping as a Carer Carers Week animation Len Goodman visits Age UK dance classes No-one should be left behind Make a difference - working in adult social care Just another day Carers Week 2022 - Making caring visible and valued				
	Cancer - Cervical	NHS Public Health Cervical Screening Awareness Campaign: Doing for our future, partner, and peace of mind Cervical screening is nothing to worry about Jo's Cervical Cancer Trust and NCAT cervical screening awareness video Eliminating cervical cancer Cervical Screening Saves Lives – Conversations with Dr Zoe Williams NHS 2 Stop cervical cancer before it starts Two women die every day from cervical cancer				
	Covid19	COVID-19 - Vital campaign updates from the government supporting all the latest messaging Covid-19 is still with us - take care when meeting friends and groups NHS Every Mind Matters - Promoting a range of self-care actions to encourage everyone to look after their mental health and wellbeing 5 to 11 COVID Vaccination (Scotland) Rhaid i ni ddal ati i dorri trosglwyddiad Covid-19 Unlocked COVID stories from Wales Sophie Evans and Ellis Jenkins Teaser Let's continue to disrupt the transmission of Covid-19 WS006 Mae profi am Covid wedi newid yng Nghymru Covid testing in Wales has changed Datgloi Straeon COVID o Gymru - hysbyseb Mirain Iwerydd Unlocked COVID stories from Wales Louis Rees Zammit Teaser				

	<p>Dementia</p>	<p>How early dementia diagnosis gave us relief Why lasting power of attorney matters after a dementia diagnosis It's not called getting old – Alzheimer's Society Shobna Gulati Research can #MakeBreakthroughsPossible Alzheimer's Research UK Konnie Huq My Hopes For Dementia Research Alzheimer's Research UK Katie Derham My Hopes For Dementia Research Alzheimer's Research UK Anneka Rice My Hopes For Dementia Research Alzheimer's Research UK Christine's Dementia Story – Coping as a Carer Football should be unforgettable Dementia Awareness Week It's not called getting old – Alzheimer's Society Why lasting power of attorney matters after a dementia diagnosis How early dementia diagnosis gave us relief</p>
	<p>Diabetes</p>	<p>Diabetes - Protect your family Diabetes Health Checks Feet and nerves Diabetes UK Your Diabetes Health Checks Introduction Learning Zone Diabetes UK Every Body Step One Million Step Challenge Diabetes UK Your Diabetes Health Checks Feet and nerves Learning Zone Diabetes UK Playing professional football as a diabetic - Bruce Anderson What is type 1 diabetes immunotherapy Diabetes UK copy Diabetes UK Physical Activity Helpline Meet Francesca Diabetes symptoms Signs of all types of diabetes What Is Diabetes 2 Minute Guide Diabetes UK Diabetes is relentless. Together, so are we Learning Zone Diabetes management Type 2 Diabetes and Risk of Viral Infections The Connection between Type 2 Diabetes and Kidney Disease Diabetes and blood pressure - Diabetes UK University and diabetes, Kaja's story Diabetes UK Diabetes UK is Putting Feet First What does a hypo feel like Diabetes UK</p>
 	<p>Diet & Nutrition</p>	<p>NHS Public Health - Better Health Weight loss App You don't have to go to these lengths to eat healthier! Nutrition and diet - A clash of two cultures You don't have to go to these lengths to eat healthier! Good Old Fish 'n' Chips Recipe C4L Cook Together Mac 'n' Veg Slices Recipe Change4Life - Cook Together FoodSwitch UK - How it works Common health questions about BMI NHS Vegetarian4Life Be the chef SALT - The Forgotten Killer Better Health Food Scanner App Explainer Food Waste - Food Gone Bad - Scottish Government Better Health Food Scanner App Explainer Scan, swipe, swap with the NHS Food Scanner App Why do you need vitamin D supplements FoodSwitch UK - How does it work? Salt - The Forgotten Killer</p>
	<p>EHC</p>	<p>ellaOne – The UK's most effective morning after pill ellaOne - My Morning After Where can I get the morning after pill?</p>
	<p>Erectile Dysfunction</p>	<p>Viagra Connect - Get help finding a way forward without a prescription, from your pharmacy Viagra Connect - Start your new love story</p>
	<p>Eye Health</p>	<p>NHS I Need A Pharmacist! - Series of short films signposting minor ailments support for eye irritations Eye pain - When should I worry? Eye symptoms - When should I worry?</p>
	<p>Exercise</p>	<p>4th August National Cycle to Work Day Want to start cycling to work? Here's how What is Physical Activity? Cancer Research UK Tailored stretching series trailer Full body stretching series trailer</p>
	<p>Fibromyalgia</p>	<p>Living with fibromyalgia</p>
	<p>Healthwatch</p>	<p>How we can help you - The national patient representation organisation Healthwatch explains its' activities</p>
	<p>Heart Health</p>	<p>NHS E & I Heart Attack Campaign - the first of its kind to raise awareness of heart attack symptoms Don't dismiss the early signs of a heart attack Hard & Fast CPR - Vinnie Jones CPR TV advert saved my life... Graham's story The Circuit – The National Defibrillator Network (Scotland) The Circuit – The National Defibrillator Network Bill's story</p>
	<p>IBS</p>	<p>What is irritable bowel syndrome (IBS)</p>

	Immunisations	Vaccines in Pregnancy – COVID-19 Vaccine The importance of vaccine protection
	Lung Health	What is Asthma? - An animation How pharmacy can help with your asthma meds Fighting for your right to breathe Asthma + Lung UK What to do during an asthma attack Asthma + Lung UK Asthma is worse for women An Asthma Explainer with Dr Katherine Hickman World Asthma Day
	Mental Health	Doing What Matters in Times of Stress An Illustrated Guide You can help lift someone out of loneliness What is Seasonal Affective Disorder (SAD) NHS 24 Five Ways to Look After Your Wellbeing Isolation and Loneliness - What's up with everyone?
	Migraine	Migraine NHS
	Mother & Baby	1st - 8th August Breastfeeding Awareness Week BreastFeeding PHE awareness campaign Star4Life - the importance of breastfeeding Everyone has a part to play in helping mums to breastfeed Parent Club Tips to help your child stay safe online from expert Jess McBeath Protect your child from serious diseases - Your child's immunisation journey Better Health Start for Life - Public Health Campaign I didn't think I was going to breastfeed Sganiau uwchsaïn pan fyddwch yn feichiog Ultrasound scans in pregnancy TalkWithMe (30 seconds) Siarad gyda fi (30 eiliad)
	NHS Services	Anticipatory Care Planning (ACP) Registering with a GP practice in Scotland The NHS App - I use it because... NHS 111 - how do I access the service? NHS 24 - How to get help for dental pain Be Considerate of Health and Social Care Staff Be Considerate to General Practice Staff NHS 24 - When should you call 111 NHS 24 - Guide to Dental Services NHS 24 - Guide to Pharmacy Services NHS Inform Getting the RIGHT care in the RIGHT place
	Nutrition & Diet	Better Health Food Scanner App Explainer Food Waste - Food Gone Bad - Scottish Government Better Health Food Scanner App Explainer Scan, swipe, swap with the NHS Food Scanner App Why do you need vitamin D supplements FoodSwitch UK - How does it work? Salt - The Forgotten Killer Food Labels - An explanation by the Food Standards Authority Speak Up For Allergies Our food allergy story Kids and milk allergy An overview of food allergy by the UK Food Standards Agency FSA explains New allergen labelling laws Food and allergy alerts
	Oral Health	Oral Health - The dangers of shortcuts Save A Smile Why oral health is important Rise in demand for adult orthodontics Oral Health Awareness for your baby Oral Health Awareness Fear and anxiety around visiting the dentist Dangers of taking shortcuts with oral health A Guide to Dental Services in Scotland The cause of tooth decay NHS 24 Self-help tips for dental pain NHS 24 How to get help for dental pain Inhalation Bear A guide to the Healthy Start Scheme (©)Community Dental Services CIC, 2022 National Smile Month 2022- Key Oral Health Messages! (©)Community Dental Services CIC, 2022 NHS A&A National Smile Month #MouthHeroes E1 - Brush your teeth before going to bed #MouthHeroes E9 - Don't overuse your pacifier What does oral health have to do with carbon emissions World Oral Health Day 2022 - Be Proud of Your Mouth for your happiness and well-being Take care of your mouth this World Oral Health Day
	OTC	Seasonal OTC products available from your pharmacy - Including analgesics, cough and cold remedies, constipation, diarrhoea, diet products, eye health, flu remedies, first aid, home remedies, haemorrhoid relief, indigestion, joint pain, lip care, sleep aids, sore throat products, vitamins, minerals and supplements

	Pet Medicine	<p>Pets will be Pets - Treating fleas and ticks in the home</p> <p>Love is not Enough - Treating dog fleas</p> <p>SuperDog - Supplements For Dogs</p>
	Pharmacy Services	<p>NHS Pharmacy Teams - Adding years to life and life to years with pharmacy services and skills</p> <p>NHS Pharmacy Teams - Use your pharmacy and help the NHS</p> <p>Pharmacy Opening Hours & Contact details - <i>Animated graphics bespoke to your pharmacy</i></p> <p>Public Health England - Help Us to Help You Pharmacy campaign</p> <p>Patient Advice - Please Tell Your Pharmacist about any existing conditions or medication</p> <p>Patient Advice - What to keep in your First Aid Kit at home</p> <p>Patient Advice - Your Medicines Cupboard at Home and what should be kept in it</p> <p>Ask Your Pharmacy Team Today - Confidential information about all the services available from your pharmacy</p> <p>Help Us, Help You - Your pharmacy team are healthcare experts and qualified to give advice about a wide range of health and wellbeing matters and when to see your GP</p> <p>Electronic Prescriptions in the pharmacy - An example for patients</p>
	Safeguarding	<p>What is a SARCS and how can it help</p> <p>Turn to us, we are here Sexual Assault Referral Centres (SARCs) NHS</p> <p>Turn to SARCS</p> <p>What is tech abuse and how Refuge can support you</p> <p>Out of the Box - Violence Against Women and Girls</p> <p>Out of the Box - Gender Inequality</p> <p>Out of the Box - Together for Change</p> <p>Parent Club Online safety</p> <p>Scotland's Domestic Abuse and Forced Marriage Helpline Ad - English Version (2)</p> <p>Parent Club Tips to help your child stay safe online from clinical psychologist Dr Louise Cumbley</p> <p>Age of Criminal Responsibility in Scotland - What This Means in Practice</p> <p>Restrictive Practices</p> <p>Stopio cosbi corfforol yng Nghymru Ddim fan hyn (30 eiliad)</p> <p>Ending physical punishment in Wales Not Here (30 seconds)</p>
	Self-Care	<p>Self Care - Your pharmacy is here to help and support you with self-care and the management of your long term conditions</p> <p>Supporting the Self-Care Forum - Empowering people to look after themselves</p>
	Social Care	<p>Hysbyseb teledu 30 eiliad hawlia dy arian</p> <p>Claim what's yours 30 second TV advert</p>
	Skin Care	<p>What is sunburn ?</p> <p>Is Tanning Healthy?</p> <p>What is sun Awareness?</p> <p>Dr Dawn Harper from Embarrassing Bodies talking about sunbeds and cancer</p> <p>Become a Skinchecker with La Roche-Posay</p> <p>What is sunburn?</p>
	Stop Smoking	<p>Better Health Quit Smoking (NHSE & I mandatory campaign)</p> <p>No matter how careful you are, they still breathe in the harmful poisons</p>
	Stroke	<p>Stroke survivor Charles brings hope to all those who worry about stroke</p> <p>Actor Sanjeev Bhasker considers the consequences of stroke</p> <p>Dr Andole explains stroke awareness</p> <p>Public Health England advisory on stroke</p> <p>What To Do If Someone Has A Stroke - St John's Ambulance give advice</p> <p>Julie's Story - Stroke Association Helpline</p> <p>The UK Stroke Association talks about rebuilding lives after a stroke</p> <p>Act Fast - A stroke is a medical emergency, symptoms need to be taken seriously</p> <p>What is a stroke?</p>
	Women's Health	<p>Does Menopause Only Happen in Your 50s NHS 24</p> <p>Menopause only affects you physically - truth or lie</p> <p>Periods what is a period NHS</p>
	Thrombosis	<p>Understanding blood clots - signs, symptoms and diagnosis</p> <p>Understanding blood clots - reducing your risks of a deep vein thrombosis</p>
	Weight Management	<p>NHS Adult Weight Management & NHS Diet App</p> <p>Childhood Nutrition - Better Health Food Scanner App</p>
		<i>Contractual Services/Campaigns</i>
		<i>National Campaigns</i>
		<i>OTC Products</i>