










































w/c	04/07/22	11/07/22	18/07/22	25/07/22	01/08/22
	Allergies	Allergy Awareness-Urticaria			
		Managing hay fever if you have a lung condition copy			
		What Are the Symptoms of Hay Fever			
		Food Labels - An explanation by the Food Standards Authority			
		Speak Up For Allergies			
		Our food allergy story			
		Kids and milk allergy			
		An overview of food allergy by the UK Food Standards Agency			
		FSA explains New allergen labelling laws			
Food and allergy alerts					
	Antibiotics	NHS Keep Antibiotics working - <i>Highlighting the dangers of overuse and misuse of antibiotics</i>			
		Antibiotic Resistance - A report from the WHO outlining the dangers of antibiotics overuse			
	Arthritis	We're with you all the way			
		Let's Move Monthly Challenge			
		Stories of strength we are Versus Arthritis			
		The Painful Truth - a campaign to show the reality of chronic pain			
		Arthritis Virtual Assistant			
		COVID-19 Virtual Assistant to support people with arthritis			
	Blood Pressure	Did You Know 1 in 3 adults in the UK have high blood pressure? - Your pharmacist can check your blood pressure and explain your numbers			
		A pharmacist's role in high blood pressure check			
	Carers	Visible, valued support			
		Dementia Awareness Week - Supporting Carers			
		Christine's Dementia Story - Coping as a Carer			
		Carers Week animation			
		Len Goodman visits Age UK dance classes			
		No-one should be left behind			
		Make a difference - working in adult social care			
		Just another day			
Carers Week 2022 - Making caring visible and valued					
	Cancer - Cervical	NHS Public Health Cervical Screening Awareness Campaign: Doing for our future, partner, and peace of mind			
		Cervical screening is nothing to worry about			
		Jo's Cervical Cancer Trust and NCAT cervical screening awareness video			
		Eliminating cervical cancer			
		Cervical Screening Saves Lives - Conversations with Dr Zoe Williams NHS 2			
		Stop cervical cancer before it starts			
Two women die every day from cervical cancer					
	Covid19	COVID-19 - Vital campaign updates from the government supporting all the latest messaging			
		Covid-19 is still with us - take care when meeting friends and groups			
		NHS Every Mind Matters - Promoting a range of self-care actions to encourage everyone to look after their mental health and wellbeing			
		5 to 11 COVID Vaccination (Scotland)			
		Rhaid i ni ddal ati i dorri trosglwyddiad Covid-19			
		Unlocked COVID stories from Wales Sophie Evans and Ellis Jenkins Teaser			
		Let's continue to disrupt the transmission of Covid-19			
		WS006 Mae profi am Covid wedi newid yng Nghymru			
		Covid testing in Wales has changed			
		Datgloi Straeon COVID o Gymru - hysbyseb Mirain Iwerydd			
		Unlocked COVID stories from Wales Louis Rees Zammit Teaser			
		How early dementia diagnosis gave us relief			
Why lasting power of attorney matters after a dementia diagnosis					
It's not called getting old - Alzheimer's Society					

	Dementia	Shobna Gulati Research can #MakeBreakthroughsPossible Alzheimer's Research UK
		Konnie Huq My Hopes For Dementia Research Alzheimer's Research UK
		Katie Derham My Hopes For Dementia Research Alzheimer's Research UK
		Anneka Rice My Hopes For Dementia Research Alzheimer's Research UK
		Christine's Dementia Story – Coping as a Carer
		Football should be unforgettable
		Dementia Awareness Week
		It's not called getting old – Alzheimer's Society
		Why lasting power of attorney matters after a dementia diagnosis
		How early dementia diagnosis gave us relief
	Diabetes	Diabetes - Protect your family 
		Diabetes Health Checks Feet and nerves Diabetes UK
		Your Diabetes Health Checks Introduction Learning Zone Diabetes UK
		Every Body Step One Million Step Challenge Diabetes UK
		Your Diabetes Health Checks Feet and nerves Learning Zone Diabetes UK
		Playing professional football as a diabetic - Bruce Anderson
		What is type 1 diabetes immunotherapy Diabetes UK copy
		Diabetes UK Physical Activity Helpline Meet Francesca
		Diabetes symptoms Signs of all types of diabetes
		What Is Diabetes 2 Minute Guide Diabetes UK
		Diabetes is relentless. Together, so are we
		Learning Zone Diabetes management
		Type 2 Diabetes and Risk of Viral Infections
		The Connection between Type 2 Diabetes and Kidney Disease
		Diabetes and blood pressure - Diabetes UK
		University and diabetes , Kaja's story Diabetes UK
		Diabetes UK is Putting Feet First
		What does a hypo feel like Diabetes UK
 	Diet & Nutrition	3rd - 9th July Childhood Obesity Week 
		NHS Public Health - Better Health Weight loss App
		You don't have to go to these lengths to eat healthier!
		Nutrition and diet - A clash of two cultures
		You don't have to go to these lengths to eat healthier!
		Good Old Fish 'n' Chips Recipe C4L Cook Together
		Mac 'n' Veg Slices Recipe Change4Life - Cook Together
		FoodSwitch UK - How it works
		Common health questions about BMI NHS
		Vegetarian4Life
		Be the chef
		SALT - The Forgotten Killer
		Better Health Food Scanner App Explainer
		Food Waste - Food Gone Bad - Scottish Government
		Better Health Food Scanner App Explainer
		Scan, swipe, swap with the NHS Food Scanner App
		Why do you need vitamin D supplements
		FoodSwitch UK - How does it work?
		Salt - The Forgotten Killer
		Food Labels - An explanation by the Food Standards Authority
		Speak Up For Allergies
		Our food allergy story
		Kids and milk allergy
An overview of food allergy by the UK Food Standards Agency		
FSA explains New allergen labelling laws		
Food and allergy alerts		
	EHC	ellaOne – The UK's most effective morning after pill
		ellaOne - My Morning After
		Where can I get the morning after pill?
	Erectile Dysfunction	Viagra Connect - Get help finding a way forward without a prescription, from your pharmacy
		Viagra Connect - Start your new love story
	Eye Health	NHS I Need A Pharmacist! - Series of short films signposting minor ailments support for eye irritations
		Eye pain - When should I worry?
		Eye symptoms - When should I worry?
	Exercise	What is Physical Activity? Cancer Research UK
		Tailored stretching series trailer
		Full body stretching series trailer
	Fibromyalgia	Living with fibromyalgia
	Healthwatch	How we can help you - The national patient representation organisation Healthwatch explains its' activities
		NHS E & I Heart Attack Campaign - the first of its kind to raise awareness of heart attack symptoms
		Don't dismiss the early signs of a heart attack

	Heart Health	Hard & Fast CPR - Vinnie Jones CPR TV advert saved my life... Graham's story	
		The Circuit – The National Defibrillator Network (Scotland)	
		The Circuit – The National Defibrillator Network Bill's story	
	IBS	What is irritable bowel syndrome (IBS)	
		Vaccines in Pregnancy – COVID-19 Vaccine	
	Lung Health	The importance of vaccine protection	
		What is Asthma? - An animation	
		How pharmacy can help with your asthma meds	
		Fighting for your right to breathe Asthma + Lung UK	
		What to do during an asthma attack Asthma + Lung UK	
		Asthma is worse for women	
		An Asthma Explainer with Dr Katherine Hickman	
		World Asthma Day	
   	Mental Health	Doing What Matters in Times of Stress An Illustrated Guide	
		You can help lift someone out of loneliness	
		What is Seasonal Affective Disorder (SAD) NHS 24	
		Five Ways to Look After Your Wellbeing	
		Isolation and Loneliness - What's up with everyone?	
	Migraine	Migraine NHS	
		27 June-3 July National Breastfeeding Week 	
		Everyone has a part to play in helping mums to breastfeed	

	Mother & Baby	Parent Club Tips to help your child stay safe online from expert Jess McBeath	
		Protect your child from serious diseases - Your child's immunisation journey	
		Better Health Start for Life - Public Health Campaign	
		I didn't think I was going to breastfeed	
		Sganiau uwchsein pan fyddwch yn feichiog Ultrasound scans in pregnancy	
		TalkWithMe (30 seconds)	
		Siarad gyda fi (30 eiliad)	
  	NHS Services	Anticipatory Care Planning (ACP)	
		Registering with a GP practice in Scotland	
		The NHS App - I use it because...	
		NHS 111 - how do I access the service?	
		NHS 24 - How to get help for dental pain	
		Be Considerate of Health and Social Care Staff	
		Be Considerate to General Practice Staff	
		NHS 24 - When should you call 111	
		NHS 24 - Guide to Dental Services	
		NHS 24 - Guide to Pharmacy Services	
NHS Inform Getting the RIGHT care in the RIGHT place			
 	Nutrition & Diet	Better Health Food Scanner App Explainer	
		Food Waste - Food Gone Bad - Scottish Government	
		Better Health Food Scanner App Explainer	
		Scan, swipe, swap with the NHS Food Scanner App	
		Why do you need vitamin D supplements	
		FoodSwitch UK - How does it work?	
		Salt - The Forgotten Killer	
		Food Labels - An explanation by the Food Standards Authority	
		Speak Up For Allergies	
		Our food allergy story	
		Kids and milk allergy	
		An overview of food allergy by the UK Food Standards Agency	
		FSA explains New allergen labelling laws	
Food and allergy alerts			
	Oral Health	Oral Health - The dangers of shortcuts	
		Save A Smile	
		Why oral health is important	
		Rise in demand for adult orthodontics	
		Oral Health Awareness for your baby	
		Oral Health Awareness	
		Fear and anxiety around visiting the dentist	
		Dangers of taking shortcuts with oral health	
		A Guide to Dental Services in Scotland	
		The cause of tooth decay	
		NHS 24 - Self-help tips for dental pain	
		NHS 24 - How to get help for dental pain	
		Inhalation Bear	
		A guide to the Healthy Start Scheme (©)Community Dental Services CIC, 2022	
		National Smile Month 2022- Key Oral Health Messages! (©)Community Dental Services CIC, 2022	
		NHS A&A National Smile Month	
		#MouthHeroes E1 - Brush your teeth before going to bed	
		#MouthHeroes E9 - Don't overuse your pacifier	
		What does oral health have to do with carbon emissions	
World Oral Health Day 2022 - Be Proud of Your Mouth for your happiness and well-being			
Take care of your mouth this World Oral Health Day			
OTC	Seasonal OTC products available from your pharmacy - Including analgesics, cough and cold remedies, constipation, diarrhoea, diet products, eye health, flu remedies, first aid, home remedies, haemorrhoid relief, indigestion, joint pain, lip care, sleep aids, sore throat products, vitamins, minerals and supplements		
Pet Medicine	Pets will be Pets - Treating fleas and ticks in the home		
	Love is not Enough - Treating dog fleas		
	SuperDog - Supplements For Dogs		
  	Pharmacy Services	NHS Pharmacy Teams - Adding years to life and life to years with pharmacy services and skills	
		NHS Pharmacy Teams - Use your pharmacy and help the NHS	
		Pharmacy Opening Hours & Contact details - Animated graphics bespoke to your pharmacy	
		Public Health England - Help Us to Help You Pharmacy campaign	
		Patient Advice - Please Tell Your Pharmacist about any existing conditions or medication	
		Patient Advice - What to keep in your First Aid Kit at home	
		Patient Advice - Your Medicines Cupboard at Home and what should be kept in it	
		Ask Your Pharmacy Team Today - Confidential information about all the services available from your pharmacy	
		Help Us, Help You - Your pharmacy team are healthcare experts and qualified to give advice about a wide range of health and wellbeing matters and when to see your GP	
		Electronic Prescriptions in the pharmacy - An example for patients	
What is a SARCS and how can it help			

	Safeguarding	Turn to us, we are here Sexual Assault Referral Centres (SARCS) NHS
		Turn to SARCS
		What is tech abuse and how Refuge can support you
		Out of the Box - Violence Against Women and Girls
		Out of the Box - Gender Inequality
		Out of the Box - Together for Change
		Parent Club Online safety
		Scotland's Domestic Abuse and Forced Marriage Helpline Ad - English Version (2)
		Parent Club Tips to help your child stay safe online from clinical psychologist Dr Louise Cumbley
		Age of Criminal Responsibility in Scotland – What This Means in Practice
		Restrictive Practices
		Stopio cosbi corfforol yng Nghymru Ddim fan hyn (30 eiliad)
		Ending physical punishment in Wales Not Here (30 seconds)
		
	Supporting the Self-Care Forum - Empowering people to look after themselves	
	Social Care	Hysbyseb teledu 30 eiliad hawlia dy arian
		Claim what's yours 30 second TV advert
	Skin Care	What is sunburn ?
		Is Tanning Healthy?
		What is sun Awareness?
		Dr Dawn Harper from Embarrassing Bodies talking about sunbeds and cancer
		Become a Skinchecker with La Roche-Posay copy.mp4
		What is sunburn?
	Stop Smoking	Better Health Quit Smoking (NHSE & I mandatory campaign)
		No matter how careful you are, they still breathe in the harmful poisons
	Stroke	Stroke survivor Charles brings hope to all those who worry about stroke
		Actor Sanjeev Bhasker considers the consequences of stroke
		Dr Andole explains stroke awareness
		Public Health England advisory on stroke
		What To Do If Someone Has A Stroke - St John's Ambulance give advice
		Julie's Story - Stroke Association Helpline
		The UK Stroke Association talks about rebuilding lives after a stroke
		Act Fast - A stroke is a medical emergency, symptoms need to be taken seriously
What is a stroke?		
	Women's Health	Does Menopause Only Happen in Your 50's NHS 24
		Menopause only affects you physically - truth or lie
		Periods what is a period NHS
	Thrombosis	Understanding blood clots – signs, symptoms and diagnosis
		Understanding blood clots – reducing your risks of a deep vein thrombosis
	Weight Management	NHS Adult Weight Management & NHS Diet App
		Childhood Nutrition - Better Health Food Scanner App
		Contractual services/Campaigns
		National Campaigns
		OTC Products