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Allergies	Allergy Awareness Week-Urticaria Managing hay fever if you have a lung condition copy What Are the Symptoms of Hay Fever				
Antibiotics	NHS Keep Antibiotics working - <i>Highlighting the dangers of overuse and misuse of antibiotics</i> Antibiotic Resistance - A report from the WHO outlining the dangers of antibiotics overuse				
Arthritis	14 - 21 May Arthritis Care Week Stories of strength we are Versus Arthritis The Painful Truth - a campaign to show the reality of chronic pain Arthritis Virtual Assistant COVID-19 Virtual Assistant to support people with arthritis Self Management of Arthritis Pain				
Asthma	3 May World Asthma Day What is Asthma? - An animation How pharmacy can help with your asthma meds Rachel's groundbreaking treatment for severe asthma Asthma UK How to prevent an asthma attack Looking after your spacer - Asthma UK Tips on staying active at home when you have asthma Asthma UK Can antibiotics help with asthma? Asthma UK When to get help for your asthma Asthma UK				
Blood Pressure	Did You Know 1 in 3 adults in the UK have high blood pressure? - Your pharmacist can check your blood pressure and explain your numbers A pharmacist's role in high blood pressure check				
Cancer	1 - 31 May Skin Cancer Awareness Month Top tips for phone and digital appointments with your doctor - Cancer Research UK Dr Dawn Harper from Embarrassing Bodies talking about sunbeds and cancer Become a Skinchecker with La Roche-Posay copy.mp4 What is sunburn? Cancer and coronavirus - Will my treatment be cancelled? Cancer Signs - Knowing what's normal for you				
Covid19	COVID-19 - Vital campaign updates from the government supporting all the latest messaging Free NHS Lateral Flow tests ending NHS Every Mind Matters - Promoting a range of self-care actions to encourage everyone to look after their mental health and wellbeing Pregnancy and Coronavirus - vital campaign updates from the government Rugby stars show support for booster campaign NHS Made In Chelsea stars call on nation to get boosted as the ultimate New Year's health kick NHS Frequently Asked Vaccine Questions with Dr Kiran Morjaria COVID-19 Vaccine - Take It From Them - Jennifer - Long-COVID COVID-19 Vaccine - Take It From Them - Adam Any Dose COVID-19 Vaccine - Take It From Them - Rich COVID-19 Vaccine - Take It From Them - Adam Booster COVID-19 Vaccine - Take It From Them - Dr Harden Omicron				
Dementia	15 - 21 May Dementia Awareness Week Shobna Gulati Research can #MakeBreakthroughsPossible Alzheimer's Research UK Konnie Huq My Hopes For Dementia Research Alzheimer's Research UK Katie Derham My Hopes For Dementia Research Alzheimer's Research UK Anneka Rice My Hopes For Dementia Research Alzheimer's Research UK				

	Diabetes			23 - 29 May Diabetes Prevention Week	
				Diabetes - Protect your family	
				Playing professional football as a diabetic - Bruce Anderson	
				What is type 1 diabetes immunotherapy Diabetes UK copy	
				Diabetes UK Physical Activity Helpline Meet Francesca	
				Diabetes symptoms Signs of all types of diabetes	
				What Is Diabetes 2 Minute Guide Diabetes UK	
				Diabetes is relentless. Together, so are we	
				Learning Zone Diabetes management	
				Type 2 Diabetes and Risk of Viral Infections	
				The Connection between Type 2 Diabetes and Kidney Disease	
				Diabetes and blood pressure - Diabetes UK	
				University and diabetes , Kaja's story Diabetes UK	
		Diabetes UK is Putting Feet First			
		What does a hypo feel like Diabetes UK			
	Eating Disorders	Nutrition and diet - A clash of two cultures You don't have to go to these lengths to eat healthier!			
	EHC	ellaOne – The UK's most effective morning after pill ellaOne - My Morning After Where can I get the morning after pill?			
	Epilepsy			24 - 30 May National Epilepsy Week	
				Calm, Cushion, Call - How to deal with epilepsy episodes	
				The Epilepsy Space - What do people get wrong about epilepsy?	
				The Epilepsy Space - How does epilepsy impact your life?	
				What is epilepsy? Young Epilepsy - Be Epic! Everyone knows someone	
	Erectile Dysfunction	Viagra Connect - Get help finding a way forward without a prescription, from your pharmacy Viagra Connect - Start your new love story			
	Eye Health	NHS I Need A Pharmacist! - Series of short films signposting minor ailments support for eye irritations			
		Eye pain - When should I worry?			
		Eye symptoms - When should I worry?			
	Exercise	1 - 31 May National Walking Month			
		May is National Walking Month - Get Outside Inside			
		Walks Around Britain - A series of short walks for any ability or age to improve health, fitness and mental wellbeing			
		A series of 12 short walks around Britain - scenic walks throughout the year are the ideal way to help yourself stay fit and healthy			
		How dog walking helps my mental health			
		Scotland Shorts - 7 things to do in Scotland this summer			
		Scotland, Yours to Enjoy, Responsibly Only in Scotland - A series of short walks for any ability or age to improve health, fitness and mental wellbeing			
	Healthwatch	How we can help you - The national patient representation organisation Healthwatch explains its' activities			
	Heart Health	NHS E & I Heart Attack Campaign - the first of its kind to raise awareness of heart attack symptoms			
		Don't dismiss the early signs of a heart attack			
		Coronary heart disease, clogged arteries and atherosclerosis			
		What is heart failure? - The signs and symptoms			
		The Angina Monologues - Shocking statistics			
		Hard & Fast CPR - Vinnie Jones CPR TV advert saved my life... Graham's story			
		British Heart Foundation - This is Science			
		The Circuit - The National Defibrillator Network (Scotland) The Circuit - The National Defibrillator Network Bill's story			
	IBS	What is irritable bowel syndrome (IBS)			
	Immunisations	Vaccines in Pregnancy – COVID-19 Vaccine The importance of vaccine protection			
	Meningitis	4 - 10 May Meningitis Awareness Week			
		The impact and effectiveness of the MenB vaccine			
		Meningitis & Septicaemia Do You Know The Signs			
		Meningitis and Me - managing health by spending time outdoors			
   	Mental Health	9 - 15 May Mental Health Awareness Month			
		Doing What Matters in Times of Stress An Illustrated Guide			
		You can help lift someone out of loneliness			
		Doing What Matters in Times of Stress - the World Health Organisation illustrates the key signs to look out for			
		Five Ways to Look After Your Wellbeing			
		Isolation and Loneliness - What's up with everyone?			
		Switch Off, Game On!			
		Support a friend, ask twice			
		NHS Every Mind Matters - Promoting self-care actions to encourage everyone to look after their mental health and wellbeing			
		Samaritans - Breathing portraits to show we listen			
		There's always time for a cuppa and a catch-up - Samaritans			
		How to support someone with depression - Advice from the Samaritans charity			
		Listen with your eyes - It's what a Samaritan does Talk To Us - We're the Samaritans and we're here for you			
	Migraine	Migraine NHS			

	<p>Mother & Baby</p>	<p>Parent Club Tips to help your child stay safe online from expert Jess McBeath Protect your child from serious diseases - Your child's immunisation journey Better Health Start for Life - Public Health Campaign I didn't think I was going to breastfeed</p>
	<p>Multiple Sclerosis</p>	<p>Join the conversation MS Society UK I have MS and this is what I want you to know. Let's stop MS together Not all disabilities are visible Rebecca's story I may look okay but...</p>
	<p>NHS Services</p>	<p>NHSE & I 'When am I going home?' campaign to reduce the length of time long-stay patients spend in hospital Video consulting with your NHS Accessing My GP Remotely The NHS App - I use it because... NHS 111 - how do I access the service? NHS 24 - How to get help for dental pain Be Considerate of Health and Social Care Staff Be Considerate to General Practice Staff NHS 24 - When should you call 111 NHS 24 - Guide to Dental Services NHS 24 - Guide to Pharmacy Services NHS Inform Getting the RIGHT care in the RIGHT place</p>
	<p>Nutrition & Diet</p>	<p>Food Waste - Food Gone Bad - Scottish Government Better Health Food Scanner App Explainer Scan, swipe, swap with the NHS Food Scanner App Why do you need vitamin D supplements FoodSwitch UK - How does it work? Salt - The Forgotten Killer Food Labels - An explanation by the Food Standards Authority Speak Up For Allergies Our food allergy story Kids and milk allergy An overview of food allergy by the UK Food Standards Agency FSA explains New allergen labelling laws Food and allergy alerts</p>
	<p>Oral Health</p>	<p>16 May - 16 June National Oral Health & National Smile Month Oral Health - The dangers of shortcuts Save A Smile Why oral health is important Rise in demand for adult orthodontics Oral Health Awareness for your baby Oral Health Awareness Fear and anxiety around visiting the dentist Dangers of taking shortcuts with oral health A Guide to Dental Services in Scotland The cause of tooth decay</p>
<p>OTC</p>		<p>Seasonal OTC products available from your pharmacy - Including analgesics, cough and cold remedies, constipation, diarrhoea, diet products, eye health, flu remedies, first aid, homely remedies, haemorrhoid relief, indigestion, joint pain, lip care, sleep aids, sore throat products, vitamins, minerals and supplements</p>
<p>Pet Medicine</p>		<p>Pets will be Pets - Treating fleas and ticks in the home Love is not Enough - Treating dog fleas SuperDog - Supplements For Dogs</p>
	<p>Parkinsons Disease</p>	<p>Can't make it stop - Karen's Parkinson's story Can't do without drugs - Paula's Parkinson's story Can't work - Hema's story with Parkinson's Can help find a cure - Clare's Parkinson's story Can't wait for a cure - Donna's Parkinson's story Can't stop caring - Mito and Sachdev's story with Parkinson's Parkinson's Connect - the future of support Thank you, for everything you do Can help find a cure - Clare's Parkinson's story</p>
	<p>Pharmacy Services</p>	<p>NHS Pharmacy Teams - Adding years to life and life to years with pharmacy services and skills NHS Pharmacy Teams - Use your pharmacy and help the NHS Pharmacy Opening Hours & Contact details - Animated graphics bespoke to your pharmacy Public Health England - Help Us to Help You Pharmacy campaign Patient Advice - Please Tell Your Pharmacist about any existing conditions or medication Patient Advice - What to keep in your First Aid Kit at home Patient Advice - Your Medicines Cupboard at Home and what should be kept in it Ask Your Pharmacy Team Today - Confidential information about all the services available from your pharmacy Help Us, Help You - Your pharmacy team are healthcare experts and qualified to give advice about a wide range of health and wellbeing matters and when to see your GP Electronic Prescriptions in the pharmacy - An example for patients</p>
	<p>Road Safety</p>	<p>It's not just you who gets hurt. Wear a seatbelt!</p>

	Safeguarding	Turn to us, we are here Sexual Assault Referral Centres (SARCs) NHS What is tech abuse and how Refuge can support you Out of the Box - Violence Against Women and Girls Out of the Box - Gender Inequality Out of the Box - Together for Change Becky My experience of the Helpline volunteer training, Refuge volunteer stories Parent Club Online safety Scotland's Domestic Abuse and Forced Marriage Helpline Ad - English Version (2) Parent Club Tips to help your child stay safe online from clinical psychologist Dr Louise Cumbley Age of Criminal Responsibility in Scotland – What This Means in Practice
	Self-Care	Self Care - Your pharmacy is here to help and support you with self-care and the management of your long term conditions Supporting the Self-Care Forum - Empowering people to look after themselves
	Sepsis	Sepsis Awareness - An NHS Consultant outlines the similarities between Long Covid and Sepsis
	Skin Care	2 - 8 May Sun Awareness Week Is Tanning Healthy? What is sun Awareness?
	Stop Smoking	Better Health Quit Smoking (NHSE & I mandatory campaign) No matter how careful you are, they still breathe in the harmful poisons
	Stroke	1 - 31 May is Action on Stroke Month Stroke survivor Charles brings hope to all those who worry about stroke Actor Sanjeev Bhasker considers the consequences of stroke Dr Andole explains stroke awareness Public Health England advisory on stroke What To Do If Someone Has A Stroke - St John's Ambulance give advice Julie's Story - Stroke Association Helpline The UK Stroke Association talks about rebuilding lives after a stroke Act Fast - A stroke is a medical emergency, symptoms need to be taken seriously What is a stroke?
	Women's Health	Does Menopause Only Happen in Your 50s NHS 24 Menopause only affects you physically - truth or lie Periods what is a period NHS
	Thrombosis	Understanding blood clots – signs, symptoms and diagnosis Understanding blood clots – reducing your risks of a deep vein thrombosis
	Weight Management	NHS Adult Weight Management & NHS Diet App Childhood Nutrition - Better Health Food Scanner App
Contractual services/Campaigns		
National Campaigns		
OTC Products		