































ALL REGIONS

	w/c	28/02/22	07/03/22	14/03/22	21/03/22	28/03/22
	Allergies	Speak Up For Allergies				
	Antibiotics	NHS Keep Antibiotics working - <i>Highlighting the dangers of overuse and misuse of antibiotics</i> Antibiotic Resistance - A report from the WHO outlining the dangers of antibiotics overuse				
	Arthritis	Stories of strength we are Versus Arthritis The Painful Truth - a campaign to show the reality of chronic pain Arthritis Virtual Assistant COVID-19 Virtual Assistant to support people with arthritis Self Management of Arthritis Pain				
	Asthma	What is Asthma? - An animation				
	Blood Donor	Free Guy - Ryan Reynolds and Jodie Comer on blood donation. Outlining the need for blood donors from all communities with Sir Trevor McDonald Plasma for Medicine donor Albert meets recipient Simone				
	Blood Pressure	Did You Know 1 in 3 adults in the UK have high blood pressure? - Your pharmacist can check your blood pressure and explain your numbers A pharmacist's role in high blood pressure check				
 	Cancer	<p>1 - 31 March Ovarian Cancer Awareness Month</p> <p>Ovarian cancer - Knowing the symptoms</p> <p>What is Ovarian Cancer? - 10 things you should know</p> <p>Ovarian Cancer - The Hidden Symptoms</p> <p>BRCA gene mutations - Anika's story</p> <p>Cancer - Earlier Diagnosis NHSE & I 'Help Us Help You' new cancer campaign</p> <p>Cancer and coronavirus - Will my treatment be cancelled?</p> <p>Cancer and Coronavirus - How will radiotherapy for breast cancer be affected?</p> <p>Cancer Signs - Knowing what's normal for you</p> <p>It's just a little pain - Your NHS is here to see you, safely</p> <p>It's just a little lump - Contact your GP if you're worried about a symptom that could be cancer</p> <p>It's just bloating - Your NHS is here to see you, safely</p> <p>It's just diarrhoea - Your NHS is here to see you, safely</p> <p>It's just a little bit of discomfort - Your NHS is here to see you, safely</p> <p>What to do if you notice symptoms in loved ones - Gaby Roslin's personal experience</p> <p>What to do if you notice breathlessness in a loved one - Gloria Hunniford tells her story</p> <p>How to Spot Lung Cancer Early</p> <p>Cervical Screening Saves Lives - Conversations with Dr Zoe Williams NHS</p>				
 	Covid19	<p>COVID-19 - Vital campaign updates from the government supporting all the latest messaging</p> <p>NHS Every Mind Matters - Promoting a range of self-care actions to encourage everyone to look after their mental health and wellbeing</p> <p>Pregnancy and Coronavirus - vital campaign updates from the government</p> <p>How to cope to breathlessness</p> <p>Coronavirus and cancer - Contact your GP now if you notice any changes that are unusual to you</p> <p>Long Covid - does it really exist?</p> <p>Rugby stars show support for booster campaign NHS</p> <p>Made In Chelsea stars call on nation to get boosted as the ultimate New Year's health kick NHS</p> <p>Frequently Asked Vaccine Questions with Dr Kiran Morjaria</p> <p>COVID-19 Vaccine - Take It From Them - Jennifer - Long-COVID</p> <p>COVID-19 Vaccine - Take It From Them - Adam Any Dose</p> <p>Vaccines in Pregnancy - COVID-19 Vaccine</p> <p>COVID-19 Vaccine - Take It From Them - Rich</p> <p>COVID-19 Vaccine - Take It From Them - Adam Booster</p> <p>COVID-19 Vaccine - Take It From Them - Dr Harden Omicron</p>				
		<p>Shobna Gulati Research can #MakeBreakthroughsPossible Alzheimer's Research UK</p> <p>Konnie Huq My Hopes For Dementia Research Alzheimer's Research UK</p> <p>Katie Derham My Hopes For Dementia Research Alzheimer's Research UK</p> <p>Anneka Rice My Hopes For Dementia Research Alzheimer's Research UK</p>				
	Diabetes	<p>Diabetes - Protect your family</p> <p>SPS786 Playing professional football as a diabetic - Bruce Anderson</p>				

	Eating Disorders	<p>28 Feb - 6 March - Eating Disorders Awareness Week</p> <p>Eating Disorders Awareness Week - Supporting parents and carers</p> <p>Eating Disorders Awareness Week - Thanks for your support</p> <p>Nutrition and diet - A clash of two cultures</p> <p>You don't have to go to these lengths to eat healthier!</p>	
	Earache	NHS I Need A Pharmacist! - Series of short films signposting minor ailments support for earache	
	EHC	<p>ellaOne - The UK's most effective morning after pill</p> <p>ellaOne - My Morning After</p> <p>Where can I get the morning after pill?</p>	
	Epilepsy		<p>26 March - Purple Day for Epilepsy</p> <p>Calm, Cushion, Call - How to deal with epilepsy episodes</p> <p>The Epilepsy Space - What do people get wrong about epilepsy?</p> <p>The Epilepsy Space - How does epilepsy impact your life?</p> <p>Young Epilepsy - Be Epic! Everyone knows someone</p>
	Erectile Dysfunction	<p>Viagra Connect - Get help finding a way forward without a prescription, from your pharmacy</p> <p>Viagra Connect - Start your new love story</p>	
	Eye Health	<p>NHS I Need A Pharmacist! - Series of short films signposting minor ailments support for eye irritations</p> <p>Eye pain - When should I worry?</p> <p>Eye symptoms - When should I worry?</p>	
	Exercise	A series of 12 short walks around Britain - scenic walks throughout the year are the ideal way to help yourself stay fit and healthy	
	Healthwatch	How we can help you - The national patient representation organisation Healthwatch explains its' activities	
	Heart Health	<p>NHS E & I Heart Attack Campaign - the first of its kind to raise awareness of heart attack symptoms</p> <p>Coronary heart disease, clogged arteries and atherosclerosis</p> <p>What is heart failure? - The signs and symptoms</p> <p>The Angina Monologues - Shocking statistics</p> <p>Hard & Fast CPR - Vinnie Jones CPR TV advert saved my life... Graham's story</p> <p>A Heart attack is a medical emergency - Call 999</p> <p>British Heart Foundation - This is Science</p> <p>The Circuit - The National Defibrillator Network (Scotland)</p> <p>The Circuit - The National Defibrillator Network Bill's story</p>	
	IBS	What is irritable bowel syndrome (IBS)	
	Meningitis	Meningitis and Me Managing mental health by spending time outdoors	
   	Mental Health	<p>HRH The Duchess of Cambridge - a message for Children's Mental Health Week</p> <p>HRH The Duchess of Cambridge supports the UK's first Children's Mental Health Week</p> <p>Switch Off, Game On!</p> <p>Support a friend, ask twice</p> <p>NHS Every Mind Matters - Promoting self-care actions to encourage everyone to look after their mental health and wellbeing</p> <p>Samaritans - Breathing portraits to show we listen</p> <p>Samaritans - Breathing portraits to show we listen</p> <p>Five Ways to Look After Your Wellbeing</p> <p>Isolation and Loneliness - What's up with everyone?</p> <p>How to support someone with depression - Advice from the Samaritans charity</p> <p>Listen with your eyes - It's what a Samaritan does</p> <p>Talk To Us - We're the Samaritans and we're here for you</p>	
	Mother & Baby	<p>Parent Club Tips to help your child stay safe online from expert Jess McBeath</p> <p>Protect your child from serious diseases - Your child's immunisation journey</p> <p>Better Health Start for Life - Public Health Campaign</p>	
	MS	<p>Join the conversation MS Society UK</p> <p>I have MS and this is what I want you to know.</p> <p>Let's stop MS together</p> <p>Not all disabilities are visible Rebecca's story</p> <p>I may look okay.. Rebecca's Story</p>	
   	NHS Services	<p>NHSE & I 'When am I going home?' campaign to reduce the length of time long-stay patients spend in hospital</p> <p>Video consulting with your NHS</p> <p>The NHS in control - Aishah's story</p> <p>We're NHS Nurses - Kingsley's story</p> <p>The NHS is my employer - Jack's story</p> <p>The NHS is my employer - Sophie's story</p> <p>Accessing My GP Remotely</p> <p>The NHS App - I use it because...</p> <p>Your midwife is here to see you safely</p> <p>Share your experiences #BecauseWeAllCare</p> <p>We are the NHS then, now, always - The 'join us' recruitment drive</p> <p>NHS 111 - how do I access the service?</p> <p>SPS777 NHS 24 - How to get help for dental pain</p> <p>SPS763 Be Considerate of Health and Social Care Staff</p> <p>SPS764 Be Considerate to General Practice Staff</p> <p>SPS778 NHS 24 - When should you call 111</p> <p>SPS775 NHS 24 - Guide to Dental Services</p> <p>SPS776 NHS 24 - Guide to Pharmacy Services</p> <p>NHS Inform Getting the RIGHT care in the RIGHT place</p>	

	Nutrition	Food Waste - Food Gone Bad - Scottish Government		
	Oral Health		20 March - World Oral Health Day	Oral Health - The dangers of shortcuts Save A Smile Learn How Tea Affects Your Tooth Enamel Learn how Orange Juice Affects Your Tooth Enamel
	OTC	Seasonal OTC products available from your pharmacy - Including analgesics, cough and cold remedies, constipation, diarrhoea, diet products, eye health, flu remedies, first aid, homely remedies, haemorrhoid relief, indigestion, joint pain, lin care, sleep aids, sore throat products, vitamins, minerals and supplements		
	Pet Medicine	Pets will be Pets - Treating fleas and ticks in the home Love is not Enough - Treating dog fleas SuperDog - Supplements For Dogs		
	Parkinsons Disease	Can't make it stop - Karen's Parkinson's story Can't do without drugs - Paula's Parkinson's story Can't work - Hema's story with Parkinson's Can help find a cure - Clare's Parkinson's story Can't wait for a cure - Donna's Parkinson's story Can't stop caring - Mito and Sachdev's story with Parkinson's Parkinson's Connect - the future of support Thank you, for everything you do Can help find a cure - Clare's Parkinson's story		
	Pharmacy Services	NHS Pharmacy Teams - Adding years to life and life to years with pharmacy services and skills NHS Pharmacy Teams - Use your pharmacy and help the NHS Pharmacy Opening Hours & Contact details - Animated graphics bespoke to your pharmacy Public Health England - Help Us to Help You Pharmacy campaign Patient Advice - Please Tell Your Pharmacist about any existing conditions or medication Patient Advice - What to keep in your First Aid Kit at home Patient Advice - Your Medicines Cupboard at Home and what should be kept in it Keep calm and ask a pharmacist this winter Ask Your Pharmacy Team Today - Confidential information about all the services available from your pharmacy Help Us, Help You - Your pharmacy team are healthcare experts and qualified to give advice about a wide range of health and wellbeing matters and when to see your GP Electronic Prescriptions in the pharmacy - An example for patients		
	Road Safety	It's not just you who gets hurt. Wear a seatbelt!		
	Safeguarding	Turn to us, we are here - Sexual Assault Referral Centres (SARCs) NHS What is tech abuse and how Refuge can support you Out of the Box - Violence Against Women and Girls Out of the Box - Gender Inequality Out of the Box - Together for Change Becky My experience of the helpline volunteer training, Refuge volunteer stories Parent Club Online safety Scotland's Domestic Abuse and Forced Marriage Helpline Ad - English Version (2) Parent Club Tips to help your child stay safe online from clinical psychologist Dr Louise Cumbley Age of Criminal Responsibility in Scotland - What This Means in Practice		
	Salt		14 - 20 March - Salt Awareness Week	FoodSwitch UK - How does it work? Salt - The Forgotten Killer Food Labels - An explanation by the Food Standards Authority
	Self-Care	Self Care - Your pharmacy is here to help and support you with self-care and the management of your long term conditions Supporting the Self-Care Forum - Empowering people to look after themselves		
	Sepsis	Sepsis Awareness - An NHS Consultant outlines the similarities between Long Covid and Sepsis		
	Sleep		13 - 19 March - Sleep Awareness Week	The 10 Commandments of Sleep Why we need to sleep for health and wellbeing - The Sleep Council advises Children's bedtime - How to get them back on track World Sleep Day - A global campaign We Love Sleep - How to Sleep Better Are you getting enough sleep? - Dr Michael Mosley has a simple test Wake up to the signs of sleep apnoea Simple Tips for Better Sleep from Every Mind Matters How to create a sleep friendly bedroom How to Sleep Better with TEMPUR® UK - We Love Sleep
	Stop Smoking		10 March - National No Smoking Day	Better Health Quit Smoking (NHSE & I mandatory campaign) No matter how careful you are, they still breathe in the harmful poisons Everytime you smoke your blood gets thick and dirty with toxins Breathe 2025 - Make a Pledge SmokeFree Car Mind The Bump - The dare devil Mind The Bump - The adventurer If I can beat smoking then I can take on anything I can exercise much longer at the gym now
	Stroke	Act Fast - A stroke is a medical emergency, symptoms need to be taken seriously What is a stroke?		

	Womens Health	8 March - International Women's Day
		Does Menopause Only Happen in Your 50's NHS 24 Menopause only affects you physically - truth or lie
	Stress	Doing What Matters in Times of Stress - the World Health Organisation illustrates the key signs to look out for
	Thrombosis	Understanding blood clots - signs, symptoms and diagnosis
		Understanding blood clots - reducing your risks of a deep vein thrombosis
	Weight Management	NHS Adult Weight Management & NHS Diet App Childhood Nutrition - Better Health Food Scanner App
	<i>Contractual services/Campaigns</i>	
	<i>National Campaigns</i>	
	<i>OTC Products</i>	